



# HOME RESET ROUTINE

DATE

A SIMPLE GUIDE TO KEEP YOUR SPACE FRESH

A home reset routine helps maintain order and prevents clutter from piling up. It's not about deep cleaning—it's about quick, intentional actions that restore balance in your space so you can start fresh each day.

## STEP 1: SET DAILY RESET TIME(S)

- Choose a time that works for you (morning, evening, or both).
- Aim for 10-15 minutes—keeping it short makes it sustainable.
- Involve family members or housemates for quicker results.

TIMEFRAMES FOR RESET

## STEP 2: FOCUS ON HIGH-IMPACT AREAS

Instead of tackling everything, reset the spaces that make the biggest difference. Here are some examples:

- **Kitchen:** Clear counters, wash dishes, wipe surfaces.
- **Living Room:** Fluff pillows, fold blankets, put items back in place.
- **Bathroom:** Wipe sink, hang towels properly, empty trash if needed.
- **Entryway:** Tidy shoes, hang coats, clear mail or keys.
- **Bedroom:** Make the bed, pick up clothes, declutter nightstands.

WHAT ARE YOUR PRIORITY AREAS

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## STEP 3: CREATE A SIMPLE RESET CHECKLIST

Use this quick checklist to streamline your reset routine. Here are example tasks:

- Wipe down high-touch surfaces
- Gather and put away stray items
- Do a quick sweep or vacuum of main areas
- Refresh trash bins as needed
- Do a final visual check for clutter
- Load/unload the dishwasher

## TASK CHECKLIST

1
2
3
4
5
6

## STEP 4: ADD WEEKLY & MONTHLY RESETS

In addition to daily resets, incorporate deeper resets:

- Weekly Reset: Dust surfaces, change bed linens, organize fridge.
- Monthly Reset: Deep clean appliances, declutter a specific area, review household needs.

## STEP 5: MAKE IT ENJOYABLE

- Play upbeat music or a podcast to stay motivated.
- Set a timer to keep it efficient and prevent overthinking.
- Get the rest of your household involved! It goes quicker when you aren't doing it by yourself. And, kids love to help! Well...the young ones anyways.
- "Put back baskets" help keep everything neatly in one place, and makes it easy to carry when you to put items back in their proper homes.
- Reward yourself with a cup of tea, a moment to relax, or another small treat.

## FINAL THOUGHT

A home reset routine isn't about perfection—it's about creating a space that feels fresh, functional, and calming. When you build this habit into your day, maintaining a tidy home becomes effortless. Start small, stay consistent, and enjoy the peace that comes with a well-kept space!